Richmond Panthers United Field Hockey Club (Panthers United)

Field Hockey Club for girls in the U10, U12, U14, U16 and U19 ages groups

Welcome to the Panthers United Field Hockey Program. We are excited to be training and coaching your daughters.

The Panthers United program was established to promote, sponsor, organize and train girls through practice, training and playing experience, the fundamentals, strategies of Field hockey, teamwork and good sportsmanship.

Conditions of Participation: Each participant must follow all rules and regulations of the sponsoring facility. By signing this document you are acknowledging that you have read it, understand it and abide by it.

Conduct Rules at Facility:

- 1. Those participants perpetuating any damage shall be the ones who pay for the damage.
- 2. There will be no possession of alcoholic beverages at the host sites by anone under the legal age or by anyone if prohibited by such site.
- 3. Unacceptable behavior will not be tolerated including but not limited to: Vandalism, unsportsmanlike conduct, inappropriate horseplay or other misbehavior that physically endangers others.

Consequences:

- Participants responsible for property loss being liable to pay all replacements/repair costs.
- 2. Partial or full restriction of movement from the host site.
- 3. Expulsion from the program at own costs. No refunds will be given.
- 4. Loss of opportunity to play in further club programs.

Playing Opportunity: While the Panthers United is a teaching club, when we play in tournaments, especially showcase tournaments or events that have winners, we PLAY TO WIN. Please read the following VERY carefully:

Player Opportunity Guidelines:

- 1. Practice time attended will be kept and recorded available for anyone to view.
- 2. Tournaments attended. Games participated in at tournaments.
- 3. Physical readiness: Injurues may impact playing time we do understand that. We will be placing the STRONGEST teams on the fields for tournaments that declare winners. All other events will be at the coaches discretion and based on the following criteria; Attention paid to practice drills, readiness to participate at TIME of practice or games, coachability, work ethic

and teamwork.

- 4. Players having difficulty with team members or coaches (fighting, speaking inappropriately) or with officials will be benched immediately. Not listening to the instructions of a coach will not be tolerated.
- 5. It is our hope that players improve over the course of the season, however if the skill level is not up to the standards of the competition, then that players playing time may be limited to games we lead by an acceptable margin. This will be up to the coaches discretion. This is done as much for the player as for the team. No one wants to look like they are not playing well, especially when college coaches may be present. Often times certain COMBINATION of players happens to be working in that particular game and coaches will not sub at that time.

Parent Guidelines: Note: players playing time can be affected by violation of the below items:

- Parents will refrain from speaking of athletes including their own in any derogatory manner during games and practices. If you have nothing good to say please stay silent.
- 2. Please refrain from telling your player what she should or should not be doing on the field unless a coach ahs specifically asked you. Conflicting information and playing suggestions do not help the athletes confidence or ability to perform.
- 3. Refrain from approaching coach when angry or upset or in the presence of athletes. Use the 24 hour rule to allow for discussion and resolution.
- Understandably girls like to be on teams with their friends, however please remember we place girls on teams based on skill, attitude, work ethic and team play.
- 5. Violation of the above could result in the above listed consequences for your athlete.

Acknowledgment

I agree to abide by the above code of conduct and I understand the possible consequences if it is violated: Player:

Name

Signature_

Address

Parental consent: participants under 18 years of age:

This is to certify that I,

____, as parent/

guardian of ______, do hereby give consent to the USFH, Panthers United and its assigned staff, for my child to be under their supervision for participation in this program. I agree to be responsible for all costs for damage for which my child is responsible, and agree to pay all costs arising from disciplinary actions.

Print name of parent/guardian

Signature or parent/guardian

Please note: Both player and parent mus sign this form in places indicated.